



Living the Light of Joy

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Reiki Talking Stick

A Reiki Craft Project™

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By Colleen Benelli

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Supply List

- Stick
- E600 glue
- Crystals
- Horsehair
- Beads
- Cord
- Coyote Fur
- Feathers
- Epoxy
- Sand Paper - different grit sizes
- Steel wool
- Respirator and goggles



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Directions

The materials will vary depending on how you embellish your Reiki Talking Stick. These are the materials I used for my Reiki Talking Stick and yours may vary. The internet has lots of good ideas. Just Google "Making talking sticks."

Invite a stick to find you. Sand it until it is smooth. Use large grit sand paper, then smaller grit, then use steel wool to smooth your stick.



Be sure to wear a respirator and goggles. Wood dust can be toxic to breathe. I found out the hard way!



Attach crystals. I used the E600 glue on the crystal on the one end because it fit the stick. I used epoxy clay to attach my crystal on the other end because it needed to be built up in places.



The stick and the crystal were both slanted but it wasn't an exact fit. The epoxy filled in the gaps. I got this epoxy at a craft store, but you can get it in the plumbers section of a hardware store.



I used a cord to wrap and cover the crystal meeting the stick.



I used thin epoxy to stick the cord to my talking stick.



String beads and attach them to your stick. This covers the irregularities where the crystal meets



I used horsehair from my horse, washed it and braided it, then wrapped it with the cord. I used E600 to secure the cord to the hair. I left enough cord length to so I could attach it to the stick.



I used epoxy to attach the cord with the beads, feather and horsehair to the stick.



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