



Living the Light of Joy

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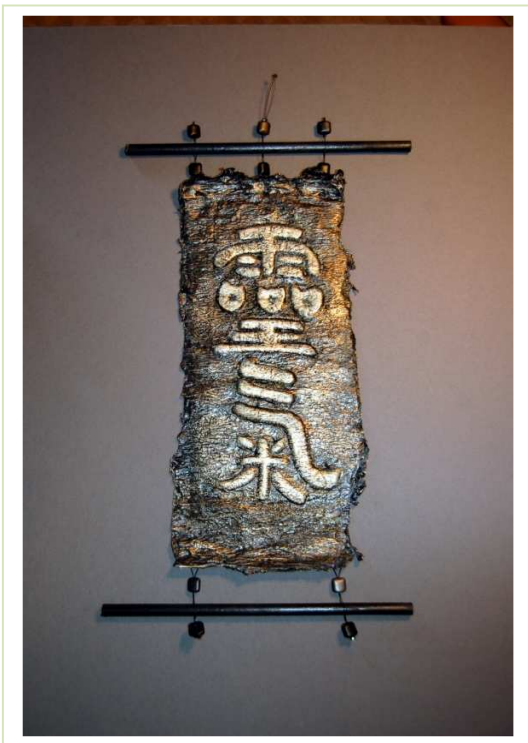
Reiki Kanji Wall Hanging

A Reiki Craft Project™

As seen in Reiki News Magazine, Fall 2011

By Colleen Benelli

www.reikilifestyle.com



Supply List

- Foam paper
- Vinyl sheet
- Elmer's Glue
- Scissors
- Toilet tissue
- Water in bowl
- Paint brush
- White, black, and burnt umber acrylic paint
- Kroma Crackle, or another brand of crackle gel
- Modge Podge
- Dowel
- Hemp string
- 6 Black beads, 5 crimp beads



Directions



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Make Mold.

Print Reiki Kanji to desired size.

Glue onto foam paper and cut out

Glue to a piece of vinyl, let dry.



Layer toilet paper over the mold.



Using a paint brush, wet the paper with water mixed with Elmer's glue.



Tear the edges to desired size. Let dry.



This is a paint technique I learned from artist Michael deMeng.

www.michaeldemeng.com

Paint with 50% Modge Podge mixed with 50% water and dry with heat gun.

Paint with glue, paint with white acrylic paint, dry with heat gun.



“Pool” the paint by placing two colors next to each other, dab some of each color in water and let them pool together without actually mixing them.



Brush the color onto the paper.

Dry with heat gun.



Add Kroma Crackle.

Rub on with fingers.



Use heat gun, allow to get very hot and the paint will crackle.

Crackle the entire piece.

When dry, paint with 50% Modge Podge, 50% water to seal.



Embellish the piece with varieties of colors.

I “dry painted” white over the kanji, then wiped it off.



To finish,
string black
hemp through
the paper



Add two beads,
leaving a space
between them for
the dowel.
Add a crimp bead
at the top to hold
the beads. Trim
the top string.
Repeat this step
three times across
the top and twice
on the bottom.



On the middle string,
add an extra loop
above the top bead
to use as a hanger.

Paint the dowels
black and string
through the loops.
Hang on your wall
and enjoy!



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