

ANIMAL REIKI GUIDED INVOCATION

Reiki Lifestyle® 2022



Close your eyes and takes some deep breaths. Place your hands comfortably on your body, and open your heart and receive.

Breathe deeply now. As you breathe in, you breathe in the light and the power of Love, and the power of love within you wakes up and is revealed to you now. It's right here at the core of your being. It's who you are, your authentic self.

As you breathe in, you breathe in the light and the power of the Divine Mind, and the divine mind within you wakes up. Your divine mind is revealed, your higher thought and higher consciousness awake. The field of possibilities is open.

Your authentic intellect, your intuition, your imagination are all awake and revealed to you now. And as you breathe in the light of the divine mind and the power of love, your inner your truth is revealed to you.

As you breathe in, you breathe in the light and the power of the Divine Heart, and the divine heart fills your breath and flows into your body and through your heart and heart light.

And here in your heart light is the heart light of creation, and it shines through you, in front of you and behind you, and on each side. Your heart light shines above you and below you and within you, and all around you.

As you breathe in your heart light is revealed to you. You can see the heart light in everything around you, and the light of the earth rises through you. With the core and the depths of the earth rising through you, with the minerals and the water and the air and the fire, the higher frequencies of the electromagnetic fields, the bio-fields rising through your earth star and upward through your feet and your root chakra, flowing all the way up through the top of your head, your crown chakra, your soul star, and into the light of the infinite and creation.

The light of the heavens and the light of the earth flow through you in each of your chakras, and when you listen you can hear the heartbeat of the earth and the heartbeat of creation, beating in the same rhythm as your own heart. The light of the earth and the light of the heavens in your light is unified right here within you. And like the Tree of Life, you receive the light of the earth, and you are made of the earth. Your body is made of the earth. It's a treasure house for your great beaming light, and your beautiful spirit ignites within you.

As you breathe in, you breathe in the light, and your divine spirit is revealed and unified with your human spirit. And like the branches of the tree you reach into the heavens, you reach in to the higher frequencies of love and light and receive, and it flows through you.

Breathe deeply now, as your senses heighten, your perceptions expand, your inner awareness observes your outer awareness.

Breathe deeply now and expand your perceptions. All around you is a circle of the Divine Animal Kingdom. The beautiful animals in the light, and all around them the light beings, those who care for them and love them; the circle of life and the circle of light. The divine animal kingdom invites you to stand in the middle of the circle and to receive their blessings.

The light of the earth and the light of the heavens flow through you to each of the animals, sharing your blessings with them in a beautiful exchange of love between you.

They have made a place for you in the circle of life with them, and they invite you to take your place. You take your place in the circle of life and your beautiful light of your human spirit and your divine spirit is revealed right here in the circle, and you remember now that you belong here. You are a part of the earth and the infinite creations right here, unified within you.

You receive the blessings of the animals, and share yours with them.

And you take this time now to look inside and say thank you to you, this great and deep love and caring that you are.

Thank you to the enlightened ones that you are in relationship with that are here with you, and the circle of light that is here for the animals.

Thank you.

And so it is.