

THE CLAIR SENSES



















Clairvoyance



Clairvoyence or clear seeing is the most visual of all the clairs. You receive pictures in the form of images in your minds eye. The may be vivid dreams, visions, mental images, or mini movies. You may be able to see colors of aura's, etc. Images may be literal or metaphorical.

You may inclined towards this clair if you are a visual person, and often visual solutions to problems. You may be good at directions or visual spatial problems.

Clairaudience



Clairaudience or clear hearing, you are able to hear voices or messages from the spiritual realms. You may hear them in your ears or your Mouth of God Chakra.

An example is you may be driving and suddenly hear "turn left" even though you are the only one in the car.

You might be inclined towards clairaudience if you are naturally attuned towards sounds, music, or toning.

Claircognizance



Claircognizance or clear knowing is experiencing a sudden knowing. You know it to be true in your mind's eye, even though you did not hear or see it. It may be a stroke of instant insight, or a download.

This clair can also manifest as instincts.

Clairintellect



Clairintellect is clear thinking. This happens when your thoughts can manifest as your intuition. You may notice in conversations that your words come through and although seem like thoughts are words from a higher source of consciousness. This can manifest as having "epiphanies" commonly.

You may be inclined towards clair thinking if you are very left brained and a linear thinker.

Clairempathy



Clairempathy or clear emotion is sensing other people's emotions, thoughts or symptoms. It is an awareness of emotional energy, as an example others crying might make you cry.

It is important as a clairempath to understand how to balance your empathy, how to not take on the 'stuff' of other people, or walk into energy fields.

The difference between clair 'empath' and 'sentience' is empaths sens the emotion, and sentiences physically feel it.

Clairsentience



Clairsentience is clear physical feeling. You actually feel the physical feeling in your body that others are experience.

An example is if someone is having a stomach ache you feel either pain or a sensation in your stomach too. You may also be able to feel emotional injuries where they may manifest in the body.

Clairtangency



Clairtangency is clear touching. You may be able percieve facts about things or people by touching them.

You may gain insight into people by touching their watch or their hand.

Clairsalience



Clairsalience or clear smelling, insights come through the perception of smell. Such as smelling your deceased grandmothers perfume when there is nobody else around.

These odors can also be percieved and not actually carry the physical sensation of smell.

Clairgustance



Clairgustance or clear tasting is sensing things through taste even without having that physical source of taste in your mouth.

You may taste the favorite food of a deceased loved one.